

Montgomery Jr. High Menu



Bear Country Cafe

Breakfast served daily at 6:50 a.m.

Lunch served as follows:

A Lunch – 10:44 a.m. - 11:12 a.m.

B Lunch – 11:12 a.m. – 11:40 a.m.

C Lunch – 11:40 a.m. – 12:08 p.m.

GOOD MORNING BREAKFAST

STUDENT VALUE

PRICE - \$1.10



Reduced .30
Milk .50

Monday

Breakfast Pizza
Donut
Cereal & Toast
Fruit or 100% Juice

Tuesday

Sausage & Cheese Wrap
Cinnamon Roll
Cereal & Toast
Fruit or 100% Juice

Wednesday

Breakfast Taco
French Toast
Cereal & Toast
Fruit or 100% Juice

Thursday

Eggs & Biscuit
Donut
Cereal & Toast
Fruit or 100% Juice

Friday

Breakfast Cheeseburger
Sausage & Cheese Wrap
Cereal & Toast
Fruit or 100% Juice

Line 1 – Sandwiches and burgers

Line 1 features our made to order turkey or ham subsandwiches on homemade wheat or white bread. A variety of vegetable toppings are available as well as a serving of fruit. Baked chips comes with the meal. A small water and/or a variety of milk will be ready for you to pick up. The sub meal deal is \$3.60

We have regular price burger meals available on this line for \$2.45. Hamburgers, Cheeseburgers, and Chicken burgers are located her with vegetables, fruit, and milk.

Line 2 –\$2.75 Meal deals

Upscale meals such as Spicy Burgers, Chicken Poppers, Hot and Spicy Buffalo Tenders and other daily choices are available with vegetables, fruit and milk.

Personal Pan Pizza is ready to serve on this line for \$3.10. The Personal Pan also comes with sides and a drink.

Line 3 –\$2.45 Meal deals

Piping hot homemade meals are ready for you everyday!

Line 4 –\$2.45 Meal deals

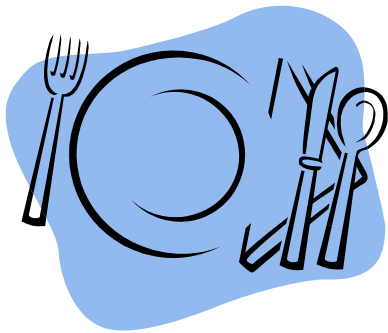
Fresh baked “Big Daddy” Pizza everyday!

A free or reduced student may choose meals from any line.

Check out our online payment system at www.misd.org. You can pay on your student's account via credit card and even set up a family account do complete all your children's accounts with one transaction. You can even look up your student's account.

Offer VS Serve

The United States Department of Agriculture requires school districts accepting funds for reimbursement to package our meals to offer a nutritious variety of meat/meat alternate, vegetable, fruit, bread and milk. At breakfast, we offer four food groups. A student must choose at least three to be offered the value price of \$1.10. At lunch, five food group items are offered and three must be chosen by a student to create a reimbursable meal. If a student chooses less items than required, we will charge the student ala carte pricing.



**MJH Cafeteria Manager
Pattie Herold**

Apply for Free and Reduced
Price Meals [Online!](#)

Available **NOW!**

Go to
www.misd.org and find the link
in the *Child Nutrition section*

Site gives step by step instructions

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