

# INTRODUCING

## My Tray

**Create Your Own Virtual Tray**

- View Nutritional content for your child's planned school meals
- Helps encourage your child to make better eating choices

[LEARN MORE ►](#) [MyNutriKids.com](#)



AND

## My Nutrition

**Nutrition Education for the Whole Family**

- Features nutrition-based content
- Includes Articles, Recipes, Kid-friendly games and more...

[LEARN MORE ►](#) [MyNutriKids.com](#)



TOOLS FOR  
STUDENTS AND PARENTS  
IN PK-5<sup>TH</sup> GRADES

LEARN MORE AT

[MyNutriKids.com](#)

OR

FIND DETAILS UNDER DISTRICT SERVICES  
CHILD NUTRITION