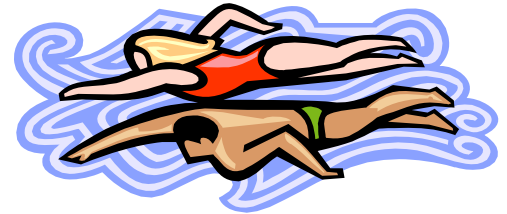




Pre-registration is required for ALL of our programs.
 (Exceptions are: Dive in Movies, Lunch Bunch, and Adult Lap Swim)
 Payment is due upon registration. We accept cash and checks.
 The Aquatic Center will be open for Registrations: Monday 1 – 7pm
 Tuesday 1 – 7pm
 Wednesday 1 – 7pm
 Thursday 1 – 7pm



THE LUNCH BUNCH

Monday – Friday All year long!

TIME: 11:00 – 1:00pm

COST: Purchase a punch card
 10 punches \$40.00
 20 punches \$70.00

AGES: 16 years old and UP

COACH: Mr. Chris Waid

-Participants-

Join the Group!

Our coach will provide you with a workout that will challenge you and help you get the most benefit from your work out time.

If you cannot attend for the full 2 hours, please join us when you can!