Pre-registration is required for ALL of our programs.
(Exceptions are: Dive in Movies, Lunch Bunch, and Adult Lap Swim)
Payment is due upon registration. We accept cash and checks.
The Aquatic Center will be open for Registrations:
Monday . . . . . 1 – 7pm
Tuesday . . . . . 1 – 7pm
Wednesday. 1– 7pm
Thursday . . . . . 1 – 7pm

Forever Young Fitness:

TIME: 5:00pm – 5:45pm
Tuesday, Wednesday, Thursday

COST: Purchase a punch card
10 punches $40.00
20 punches $70.00

AGES: 16 years and Up

INSTRUCTOR: Ms. Dusti See

Minimum #1 -Participants- Maximum #

Relieve your stress, stay in shape, and have fun too!
Come join us for a workout!
Tuesday: Lap Swim
Wednesday: Weight Circuits
Thursday: Deep Water Jogging

Participants MUST be able to swim unassisted one length of the pool.